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## A REVIEW ON ROLE OF MATRIX METALLOPROTEINASES IN THE DEVELOPMENT OF DIABETIC RETINOPATHY

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## ABSTRACT

It is a well known fact that diabetes is the worldwide threat, which may lead to multiorgan dysfunction. Diabetes is a chronic metabolic disorder with the hyperglycemia, if not treated, may lead to cause many complications within the body. Diabetic Retinopathy (DR) is a common cause in the chronic diabetes patients. Matrix metalloproteinases (MMPs) are the proteinases that plays crucial role in the development of DR by degrading the extracellular components. Activated gelatinase MMPs (MMPs-2 and MMPs-9) destroy the mitochondria and degrades Blood Retinal Barrier (BRB) from this rises the capillary cell apoptosis in retina. The BRB, which causes DR, is critically affected by MMP-2 and MMP-9. This study will concentrate on the diabetic retinopathy, with the emphasis on MMPs mediated general pathological role, oxidative stress, mitochondrial dysfunction, inflammation, general mechanism involved in the development of DR, and various types of MMPs and angiogenesis.

Keywords: Diabetic retinopathy, Angiogenesis, Apoptosis, Oxidative stress, Matrix metalloproteinases.

## 1. INTRODUCTION

## 1.1. Diabetics pose a global challenge

Diabetes mellitus (DM) is associated with hyperglycemia and is due to abnormal carbohydrate metabolism, which relates to relative or absolute impairment in insulin secretion or utilization in the body [1]. Type-2 diabetes is the most prevalent type, and it happens when the body becomes insulin resistant or stops producing insulin. Type 1 diabetes, also known as juvenile diabetes or insulin-dependent diabetes, is a type of diabetes characterised by an insufficient amount of insulin in the body. Insulin deficiency causes abnormal carbohydrate metabolism and blood glucose levels in both situations. When it comes to diabetes diagnosis, type-I is 0.4 percent lower than type-II (7.6%) among the victims [2].

## 1.2. Diabetic Retinopathy (DR)

The number of persons with diabetic retinopathy (DR) would climb from 126.6 million in 2010 to 191.0 million by 2030, according to the National Centre for Biotechnology Information (NCBI) Knowledge - National Institutes of Health (NIH). Increased vascular permeability causes retinal blood vesicles to weaken owing to the loss of pericytes, resulting in the breakdown of the

blood-retinal barrier (BRB) and the flow of plasma from the bloodstream into the retina, inducing edema and hypoxia [3-5]. Mitochondrial damage occurs as a result of hypoxia, and inflammatory mediators such as proteases, growth factors, cytokines, and chemokines such as monocyte chemo attractant protein-1 (MCP-1), interleukin-6 (IL-6), interleukin-8 (IL-8), intercellular adhesion molecule-1 (ICAM-1), vascular cell adhesion molecule-1, cyclooxygenase-2 (COX-2), stromal cellderived factor-1 $\alpha$  (SDF-1 $\alpha$ ), and prostaglandin E2 production, tumour necrosis factor (TNF), vascular endothelial growth factor (VEGF), matrix metalloproteinases - 1,2,9 (MMPs). These factors, which are generated in retinal cells as a result of hyperglycemia, interact with one another and trigger separate pathways to aid neovascularization, apoptosis, and fibrosis, resulting in endothelial dysfunction, vision loss, and blindness [4, 6-9]. MMPs are thought to be involved in illnesses such as retinopathy, nephropathy, and cardiomyopathy [10].

## 1.3. Matrix Metalloproteinases (MMPS)

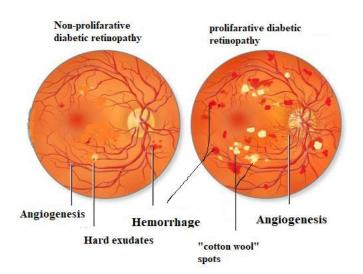
Matrix metalloproteinases (MMPs) are a metalloprotease sub-family including 23 distinct proteases in humans and

24 proteases in mice [11]. Inflammatory disorders, tumour development, and metastasis can all be caused by this set of enzymes, which are responsible for the breakdown of most extracellular matrix proteins during organogenesis. MMPs have three distinct domain structures: MMPs have three related domain structures: a 'pre' region to target for secretion, a 'pro' region to control latency, and an active catalytic region with a zincbinding active site [12]. Except for polyglycon, MMPs can breakdown all types of ECM. Proteolytic cleavage activates these inactive pro-enzymes that are produced and released as inactive pro-enzymes [11-13]. MMP activity is controlled by endogenous inhibitors such as macroglobulins and tissue inhibitors of metalloproteinases. TIMP-1 favours MMP-9, while TIMP-2 favours MMP-2, among the TIMP group's four members [14, 15]. MMP-2 promotes endothelial cell migration across the basement membrane and ECM by increasing the front of the migrating column. Membrane type-1 matrix metalloproteinase (MT1-MMP) initiates the activation pathway by converting pro-MMP-2 to an intermediate, which activation then undergoes autocatalytic conversion to create mature MMP-2. MT1-MMP is a cell membrane-bound proteinase with a cytoplasmic tail and a relatively short transmembrane domain, unlike MMPs [16]. It makes easier for these enzymes to bind to certain plasma membrane and intracellular compartment locations. MMP-2 and TIMP-2 join forces to create a tri-molecular complex with MT1-MMP [17-19].

The presence of a comparable cis-regulatory element in the promoters of MMP genes confirms that their cellspecific expression is efficiently regulated. The MMP-9 promoter has numerous functional cis-regulatory areas, which is typical of a gene controlled by many transcription factors. It has AP-1, NF-B, and SP-1 binding sites, and the binding of each, as well as AP-1, controls its expression. Alternative cofactors may be needed for NF-B and AP-1 activation, and poly (ADPribose) polymerase-1 (PARP-1), a nuclear chromatinassociated protein, is one of the coactivators for both NFkB and AP-1 [20, 21]. In addition to their cis-regulatory inflammatory cytokines increase MMP-1 effects, transactivation by enhancing AP-1 binding [22], and multiple triggers, including inflammatory cytokines and growth factors, will coexpress or corepress MMPs. This reaction is often seen several hours after stimulation, implying that the signalling pathway elicited shortly after cellular stimulation acts upstream of the MMP promoters [23]. MMP expression and function are thus tightly regulated at several stages, ranging from zymogen induction to endogenous inhibition and transcriptional activation.

## 2. SYMPTOMS, STAGES AND ETIOLOGY OF DIA-BETIC RETINOPATHY

Two main stages of diabetic eye disease are, 1. NPDR (non-proliferative diabetic retinopathy), and 2. PDR (proliferative diabetic retinopathy), symptoms, states and etiology are broadly evolved in the many articles [24-27].



## 3. BIOLOGICAL ROLE OF MMPS IN DIABETIC RETINOPATHY

# 3.1. Factors thought to play a role in the development of DR

There is evidence interrelated hyperglycaemia-affected pathways such as inflammation and oxidative stress play a role in the pathobiology of diabetic complications, and several drugs have been developed to treat them. Oxidative stress, polyol pathway activity, advanced glycation end-product (AGE) formation [28], activation of Protein Kinase C (PKC) isoforms, and increased hexosamine pathway flux are among the most studied. Important factors such as lipoprotein-PLA2, proinflammatory cytokines (TNF-and IL-1), and secretory phospholipase A2 IIA have been identified in the pathogenesis of DR [29-32].

#### 3.2. Oxidative stress associated with MMPS

An excess of reactive oxidative species (ROS) created as a result of inflammation causes oxidative stress. During the inflammatory process, COX-2, PGE2 and metalloproteinases (MMPs) are all key mediators [33, 34]. Oxidative stress is caused by an imbalance of free radicals and antioxidants in the body, which can lead to cell and tissue damage. There is a growing amount of scientific data associating oxidative stress to chronic illnesses such as cancer, diabetes, heart disease, and a variety of others [35].

By functioning as a causative connection between high glucose and metabolic abnormalities, reactive oxygen species are hypothesised to play a role in the development of diabetes complications [36].

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Table	•	Main	reactive	OVUGON	CDOCLOS!
Table	1.	Iviain	ILALUYL	UAVEUH	species.
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Name	Formula	Formation		
Superoxide	$(O_{2})$	Intermediate in 02 reductions to H2O		
Singlet oxygen	$^{1}[O_{2}]$	conversion of triplet energy to molecular oxygen		
Hydroxyl radical	(OH <sup>-</sup> )	Powerful oxidant in biological systems		
Peroxyl	ROO	↓oxidant ability,↑ diffusibility		
Alkoxyl	RO	Ability to oxidise lipids at a moderate rate		
Hydrogen peroxide	$H_2O_2$	Originated from 02		
Hypochlorous acid	HClO	Formed through myeloperoxidase action		
Single oxygen 1O2		Molecularly excited oxygen through sunlight and radiation		
Alpha-oxygen	<b>a</b> -O	Formed form oxygen-atom abstraction from $N_2O$ by $\alpha$ -Fe catalyst		

On the basis of the report by Olguín and Guzman [37-40].

#### Table 2: Biological effects and specificity of the metalloproteinase

Type of MMPs	Production	Key functions	Other names	References
MMP-1	Endothelial cells, fibroblasts, monocytes	Metastasis, Tissue reshaping	Fibroblast	[38, 39]
MMP-2	myocytes, endothelium and fibroblasts.	Cellular migration, vascularisation, invasion of malignancy and metastases, growth of bones	Gelatinase A	[38, 39]
MMP-3	Epithelial cells, fibroblasts.	Bounding plaque growth, beginning of neoplasm	Stromelysin-1	[38, 39]
MMP-7	Skin glandular epithelial cells, prostate, mammary gland, endometrium	Endometrium involution, innate immunity, wound healing, tumour development, and invasiveness are all factors that influence vascular constriction and cell proliferation.	Matrilysin 1	[38, 39]
MMP-9	Neutrophils, Monocytes	Angiogenesis, cell migration, bone formation, and pro-inflammatory factors all play a role in angiogenesis.	Gelatinase B	[38, 39]
MMP-10	Fibroblasts and epithelial cells	vascular remodelling of atherosclerotic, inflammatory bowel illness	Stromelysin-2	[39]
MMP-12	Osteoclasts, Macrophages	Migration of the macrophage, emphysema	-	[38, 39]
MMP-13	Macrophages	Restoration of the bone	Interstitial collagenase	[38, 39]
MMP-14	Several types of cells	Angiogenesis, cancer transformation, and cell migration are all examples of processes that occur during the development of a tumour.	MT1-MMP	[38, 39]

#### 3.3. MMPS mediated inflammation

In BV2 cells, high hyperglycemia promoted MMP-9 activation, recent studies show that in retina in

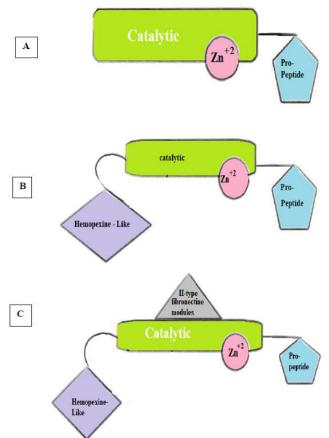
individuals and animals with diabetic retinopathy MMP-9 and MMP-2 have considerably increased [40, 41]. The inflammatory response generated by diabetes is triggered by MMP-9 and the TLR4 signalling pathway in activated microglia [42, 43]. MMPs, which are proactive molecules that increase inflammation and are detected with increased diabetic levels of MCPs, distinguish several members of the chemokine Monocyte Chemoattractant Protein (MCP) family [44, 45].

MMPs have found to orchestrate leukocyte recruitment [6]; In the pathophysiology of diabetic retinopathy, retinal capillaries become ischemic, and the number of leukocytes in the vasculature rises, and these key components of inflammatory processes may be detected in the retina before the histopathology of diabetic retinopathy is investigated in animal models [5]. However, The MMP9 activation mechanism in DR's retina remains unclear [46]. Due to a lack of antioxidant mechanisms in the DR, oxidative damage to the retina and capillary cells is enhanced. Superoxide levels rise when retinal mitochondria become defective and begin to release cytochrome c into the cytoplasm [47]. Over expression of the enzyme that scavenges mitochondrial superoxide (MnSOD) suppresses these diabetes-induced mitochondrial changes and histopathology associated with diabetic retinopathy, indicating that mitochondrial superoxide plays a substantial role in the evolution of diabetic retinopathy [34] MMP-2 and membrane type 1 (MT1)-MMP are vulnerable to oxidative stress; low levels of ROS begin pro-MMPs via oxidation of the sulphide bond in the MMP's prodomain and diminish TIMPs, while peroxynitrite (produced from ROS and nitric oxide) activates pro MMPs by interaction with cytosolic glutathione [48-51]. MMP-2 and MMP-9 levels have been found to be higher in diabetic people and animal models of diabetic retinopathy, and these elevations are thought to contribute to the disordering all tight-junction complexes and vascular of permeability, as well as the maintenance of the bloodretinal barrier [52-55].

#### 4. MMPS: ROLE OF ENZYMES IN ECM DEG-RADATION

MMPs are the primary group of enzymes essential for collagen and other extracellular matrix protein (ECM) deterioration (MMPs). Collagen is the major element of the connective tissue and is a major mechanism of degradation for growth, morphogenesis, tissue remodelling, and repair [56-57]. MMPs are zinc dependent endopeptidases which shows enzymatic activity in ECM, except polyglycan all ECM were deteriorate by MMPs [58]. MMPs have similar structure which consist by the 3 domines: s: pro-peptide, proteolytic and hemopexin-like one [59, 60]. Most of MMPs are secreted as inactive pro-enzymes then, the secretion of most MMPs as inactive pro-enzymes, is then followed by the cleavage by plasmin to active forms [61].

#### **Structure of MMPs:**



(A) Smallest domain MMP: MMP-7 (B) MMP-1, 3, 8, 10, 12, 13 is a single hemopexin -domain MMPs. (C) MMP-2, 9 gelatinases

#### Fig. 1: Matrix metalloproteinases' structure

## 5. MMPS ROLE IN MITOCHONDRIAL DYS-FUNCTION

MMPs cause mitochondrial dysfunction and apoptosis, but the mechanism that disrupts mitochondrial function and leads to the onset of DR is still being researched. As a result of NADPH oxidase activation, during a brief period of hyperglycemia, cytosolic ROS levels rise [62, 63] and with a prolonged rise in ROS, mitochondrial membranes are weakened and mitochondria turn into defective cytochrome C leaks in the cytosol [17-19]. The apoptotic pathway is activated, and retinal capillary cells die, which is a phenomena seen before the histopathology diabetic of normal retinopathy progresses [18, 64-67].

#### 6. MMPS MEDIATED MECHANISM OF ACTIONS

Despite a large number of hypothesised processes derived from many studies, none have been proven in

human models. The four major processes in DR include increased polyol pathway fluxes, AGE formation, and PKC and polyol pathway activation [68, 69].

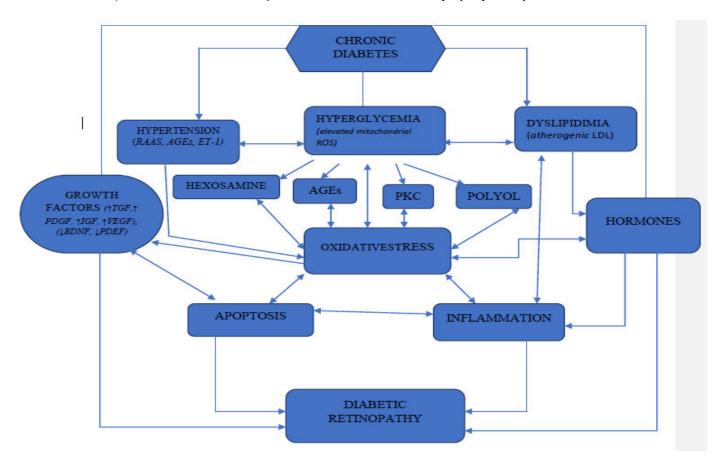


Fig. 2: MMPs Mediated Mechanism of action

## 7. METALLOPROTEINASE ARE THE FUTURE TARGETS IN THE TREATMENT OF DIABETIC RETINOPATHY

Anti-diabetic medicines and tissue metalloproteinase inhibitors currently available have poor effectiveness in targeting MMP-2 and MMP-9. Basic research to determine the optimum mix of MMP inhibitors is still needed to understand the role of MMPs in DR.

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