A STUDY ON CHARACTERIZATION OF PECTINASE ASSISTED AQUEOUS EXTRACTION OF RICE BRAN OIL

Gayathri Devi Selvaraju*, Dhanniya S, Kowsika S, Divyadharshini K, Harish T, Rachael Jayamani D
School of Biotechnology, Dr. G. R. Damodaran College of science (Autonomous), Coimbatore, TamilNadu, India
*Corresponding author: gayu.bt14@gmail.com

ABSTRACT
The Rice bran oil is known as wonder oil because of its numerous health benefits. It has a number of advantages over other edible oils because of the presence of antioxidant known as oryzanol. The rice bran contains 10-26% oil depending on the factors like variety, milling process, and other conditions. Various solvents are currently used for rice bran oil extraction process at industrial sectors. These solvents are carcinogenic and also cause adverse effects to the environment. The enzyme-assisted aqueous extraction process has been regarded as an eco-friendly process. Pectinase enzyme is used to break down complex carbohydrates like pectin present in rice bran and allows easy oil extraction in aqueous solution. The present study aims to perform the aqueous extraction of rice bran oil using crude pectinase enzyme extracted from the pectinase producing bacteria *Bacillus paramycoides* and to study the oil characteristics. Out of the various solvents used in the study, hexane yielded highest percentage of oil. The oil yield was found to be 49.8% in 6 h. The total activity of enzyme was found to be 11 U/mL/min. 500 Units of enzyme was taken for rice bran oil extraction. The Average yield of oil was found to be 80.5% in 3 h and 76.9% in 6 h. The acid value, saponification value, iodine value and oryzanol content of the oil was found to be 11.22, 84.15, 5.0 and 0.05 percentage respectively. The percentage of radical scavenging activity of the extracted rice bran oil was found to be 49.51%. The fatty acids present in the oil sample were analyzed by GC MS analysis.

Keywords: Rice bran oil, aqueous extraction, pectinase enzyme, *Bacillus paramycoides*, radical scavenging activity and GC MS analysis.

1. INTRODUCTION
The rice bran oil is known as a miracle of all edible oils because of its numerous health benefits. It has a various advantage over other edible oils because of the presence of high amount of antioxidant known as oryzanol [1]. It is a unique product obtained from the outer layer of the brown rice. It is widely used in food, pharmaceutical and chemical industry because of its antioxidant properties and other medicinal and nutritional values. There is a huge interest in the use of rice bran oil for health and allied products because of the demand for natural products [2]. It is a rich source of PUFA (polyunsaturated fatty acid) which gives it a potential antioxidant and nutraceutical property.

There are many techniques employed for the extraction of rice bran oil previously in other reports. Those include supercritical carbon dioxide fluid extraction [3], compressed liquefied petroleum gas [4], ultrasound-assisted aqueous extraction [5], sub-critical water extraction techniques [6], ultrasonic enzymatic extraction, microwave-assisted extraction [7], subcritical carbon dioxide and soxhlet extraction [8]. Though many methods are employed, solvent extraction is widely used for extraction of rice bran oil [9]. Solvent extraction method can be used to recover oil from any substrates [10]. Hexane is the most commonly used solvent for solvent extraction method because of its high oil yielding property [11]. Though the solvent hexane is widely used for rice bran oil extraction, it is however flammable, volatile, toxic, carcinogenic and also cause environmental hazard [12]. It is also considered undesirable to human consumption because of its carcinogenic nature. The enzyme-assisted aqueous extraction technology has been regarded as an eco-friendly process to obtain a good quality of rice bran oil [13]. The use of aqueous medium for extraction of oil from various oil seeds has been reported by previous studies [14]. Aqueous medium has been reported efficient
for extraction of corn germ [15], soybean [16], peanut [17], sunflower [18] and rice bran oil [19]. The enzymatic extraction increases the productivity, efficiency and antioxidant properties of rice bran oil. Enzymes have the ability to enhance extraction processes and eliminate other toxic and anti-nutritional factors. It also catalyzes the conversion of complex carbohydrate, protein and lipid to simpler byproducts through their biocatalytic activities [18]. The enzymatic process helps to hydrolyze and degrade the complex polysaccharides present in the cell wall of the rice bran leading to the release of high quantity of oil into the aqueous solvent. The enzymatic hydrolysis was performed using various enzymes like cellulase, protease and amylase previously. This method produces a good quality rice bran oil with attributes such as color, free fatty acids, peroxide value, and phosphorus contents [20]. Pectinase is the enzyme that breaks down the complex polysaccharide pectin into simple monosaccharides. Cell wall of rice bran is a rich source of the carbohydrate pectin. Use of pectinase enzyme breaks the pectin into simple sugars and this aid in the efficient extraction of rice bran oil.

The present study aims to extract rice bran oil using common solvents like ethanol, hexane, commercial pectinases and the crude pectinase enzyme isolated from the bacteria Bacillus paramycoides. The oil yield of crude pectinases is compared with the commercially available pectinase enzyme and also the common solvents. The fatty acid composition of the extracted oil is analyzed by GC-MS analysis.

2. MATERIAL AND METHODS

2.1. Extraction of rice bran oil using various solvents

Rice bran was sieved and heated at 100°C for 15min. For 20g of rice bran, 100ml ethanol, hydro ethanol, hexane and water was added. It was then incubated in shaker for 3 and 6 h (160 rpm) at 50°C. The sample was filtered by Whatmann no.1 filter paper and the solvents were evaporated under vacuum. The weight of the obtained oil sample was determined. Oil percentage recovery was calculated using the formula: Yield% = (mean weight of oil extract/mean weight of rice bran) X 100.

2.2. Extraction of rice bran oil using commercial pectinase

Rice bran oil was mixed with 100U, 200U, 300U, 400U, 500U of commercial pectinase enzyme (Himedia Laboratories Pvt Ltd.) in the ratio 1:5. The mixture was incubated in a shaker at 25°C for 3h and 6h and filtered by Whatmann no.1 filter paper. The solvents were evaporated under vacuum. Percentage of oil yield was calculated using the above formula.

2.3. Sub culturing of pectinase producing bacteria-Bacillus paramycoides and production of crude enzyme

The bacteria Bacillus paramycoides which was reported to produce pectinase enzyme was sub cultured in Luria Bertanni media, incubated at 37°C over night and then stored at 4°C. The bacteria were screened for pectinase production using submerged fermentation in the production medium. The pure cultures were inoculated in 10% inoculum at 37°C for 24 h, then transferred into 90.0 ml fermentation medium, and incubated at 37°C for 24h. After incubation, biomass was separated by centrifugation at 6000 rpm for 15 min. The supernatant was used to evaluate pectinase activity.

2.4. Estimation of pectinase activity

Crude pectinase enzyme (0.5 mL) and 0.5mL of pectin (1% pectin in 0.1M acetate buffer pH-6) was incubated at 37°C for 10 min, and the tubes were boiled at 90°C for 5 min and 0.1 mL of the sample was taken for Dinitro Salicylic Acid assay. One Unit of enzyme activity was found to be one micromoles of glucose released per mL of sample per minute.

2.5. Extraction of rice bran oil using crude pectinase enzyme

500 U of isolated crude enzyme was dissolved in 50 ml of acetate buffer of pH 4, and mixed with rice bran in the ratio 1:5 and incubated at 37°C for 3 and 6 hrs. The mixture was then filtered and the extract was centrifuged for 20 minutes at 4000rpm. It was then evaporated using water bath and yield of the oil was calculated using the above formula.

2.6. Determination of Oil Characteristics

2.6.1. Acid Value

One g of oil was weighed accurately and taken in a 250ml conical flask. It was dissolved in 150ml of solvent mixture (mixture of ethanol and ether) and mixed well. One drop of phenolphthalein was added and the mixture was titrated against the standard solution of KOH until the pink color disappears. Volume of KOH used was recorded and acid value was calculated.
2.6.2. Iodine Value
Appropriate quantity of oil was taken in 250ml of conical flask and mixed in 15ml carbon tetrachloride. 25ml of Wijs solution was added from the burette to the mixture. The flask was allowed to stand in dark for 20min. 25ml of potassium iodide solution and 150ml of water was added to the solution. It was then titrated with standard 0.5 M sodium thiosulphate solution, using starch solution as indicator. Titration was continued until the colour disappears. Value of Na\textsubscript{2}S\textsubscript{2}O\textsubscript{3} used was recorded.

2.6.3. Saponification value
One g of oil was weighed in 250ml conical flask. Ester was dissolved in 25ml ethanol and KOH was added to the solution with the help of pipette. The flasks were heated in water bath for about 1 hour with occasional shaking. To the hot solution, one drop of phenolphthalein was added and titrated with standard 0.5M HCl until the colour of indicator changes. Volume of HCl used was recorded.

2.6.4. Gamma Oryzanol content
A 0.5g of oil was dissolved in 1ml of n-heptane and absorbance was taken in UV-spectrophotometer at 315 nm. n-heptane was taken as a control. The amount of oryzanol content was calculated as follows: Oryzanol (ppm) = O.D × 25-359 × 0.05 5.

2.7. Determination of Radical Scavenging Activity of the rice bran oil
Radical Scavenging activity was determined by DPPH Assay. 3.9ml of DPPH was dissolved in methanol. 10 µl of oil was mixed with 3.9ml of DPPH solution. DPPH without oil was taken as control. It was incubated for 30 min and absorbance was measured at 515nm. Percentage of radical scavenging activity was calculated as

\[
\{(Ab \text{ blank} - Ab \text{ sample})/Ab \text{ blank}\} \times 100
\]

2.8. Gas Chromatography Mass Spectrometry (GC MS) ANALYSIS
The components present in the rice bran oil extracted using the crude enzyme was estimated by GC MS analysis.

3. RESULTS
3.1. Extraction of rice bran oil using various solvents
Hexane yielded highest percentage of oil when compared to other solvents. The oil yield was found to be 63.7% in 3 h and 49.8% in 6 h (Table 1).

<table>
<thead>
<tr>
<th>Solvent</th>
<th>Average Oil Yield (%)</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>3 h</td>
</tr>
<tr>
<td>Hexane</td>
<td>93.7±0.9</td>
</tr>
<tr>
<td>Ethanol</td>
<td>48±0.8</td>
</tr>
<tr>
<td>Hydroethanol</td>
<td>19.2±1.2</td>
</tr>
<tr>
<td>Water</td>
<td>1.74±1.2</td>
</tr>
</tbody>
</table>

3.2. Extraction of rice bran oil using commercial pectinase
Rice bran oil extraction was done using different units of commercially available pectinase enzyme. The results showed that 500 U of enzyme yielded highest oil yield of about 89.9% in 3 h and 85.1% in 6 h (Table 2).

<table>
<thead>
<tr>
<th>Commercial pectinase enzyme (U)</th>
<th>Average Oil Yield (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3 h</td>
</tr>
<tr>
<td>100</td>
<td>53.9±0.7</td>
</tr>
<tr>
<td>200</td>
<td>81.5±0.8</td>
</tr>
<tr>
<td>300</td>
<td>82.5±0.9</td>
</tr>
<tr>
<td>400</td>
<td>89.9±0.7</td>
</tr>
<tr>
<td>500</td>
<td>89.9±0.6</td>
</tr>
</tbody>
</table>

3.3. Estimation of total activity of enzyme by dinitrosalicilylic acid method
The crude enzyme was extracted from the previously isolated pectinase producing bacteria Bacillus paramycoides (NCBI Accession number: MT131296) The total activity of enzyme using DNSA method was found to be 11 U/mL/min.

3.4. Extraction of rice bran oil using crude pectinase enzyme
500 Units of enzyme was taken for rice bran oil extraction. The average yield of oil was found to be 80.5% in 3 h and 76.9% in 6 h (Table 3). The yield was comparable to oil extracted using commercially available pectinase enzyme and also hexane (Fig. 1).

<table>
<thead>
<tr>
<th>Extraction time</th>
<th>Enzyme units taken</th>
<th>Average yield of oil (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 h</td>
<td>500</td>
<td>80.5±1.2</td>
</tr>
<tr>
<td>6 h</td>
<td>500</td>
<td>76.9±1.0</td>
</tr>
</tbody>
</table>

Table 1: Average Yield % of rice bran oil using various solvents

Table 2: Average Yield % of rice bran oil using commercial pectinase enzyme

Table 3: Average Yield % of rice bran oil using crude pectinase enzyme isolated from bacteria
3.5. Determination of oil characteristics
The acid value, saponification value, iodine value and oryzanol content of the extracted rice bran oil was found to be 11.22, 84.15, 5.0 and 0.05 respectively.

3.6. Determination of Anti-oxidant activity of oil by DPPH assay
The percentage of Radical Scavenging activity of the extracted rice bran oil was found to be 49.51%.

3.7. GC-MS Analysis
Upon GC MS analysis, the major peaks represented the presence of fatty acids like palmitic acid, linoleic acid, octa decanoic acid etc., (Table 4), (Figure 2).

4. DISCUSSION
Rice bran oil is used as a high-quality cooking oil, whereas crude bran oil has been used for soap manufacture and also for the production of industrial fatty acids. The cell wall of plant cells is composed of complex polysaccharides like cellulose, hemicelluloses, lignin and pectin. Hydrolytic enzymes such as cellulases, hemicellulase and pectinases can break down the cell wall and facilitate release of oil from the rice bran. Thus, in enzyme-assisted aqueous extraction, the soluble components of the rice bran can diffuse into water. The released rice bran oil forms a separate phase and leads to better oil recovery [4]. Enzyme-based aqueous extraction has been previously employed to recovery of high-quality oil from coconut, soy bean and corn germ by using enzymes like pectinase, amylases,
and proteases giving oil recovery in the range of 90-
98%. The enzymatic process improved the quality of
extracted oil by increasing the content of other bioactive
compounds, such as phenolics and carotenoids. Other
authors have reported the successful use of enzymes in
the extraction of oil from substrates other than rice bran
[21]. All their results confirmed that the use of mixture
of enzymes improves the extractability of oil from oil
bearing materials, over single enzymes. Addition of
pectinase to the aqueous extraction medium enhanced
oil extraction at the various conditions due to their
degradation action upon the cell walls which are
composed of high quantity of pectin. So, it could be
concluded that pectinase helped to break the links
between oil molecules and aids in efficient oil
extraction.

DPPH is a stable free radical which shows a maximum
absorbance at 515nm. It can readily reduce upon
addition of antioxidants thus it is used in determination
of free radical scavenging ability. This test showed that
rice bran oil extracted using pectinase had a maximum
antioxidant activity. GCMS analysis showed the
presence of major fatty acids which would be present in
rice bran oil. This proves that aqueous extraction using
pectinases from Bacillus paramycolides could efficiently
extract rice bran oil.

5. CONCLUSION
The pectinase enzyme was used in the study to enhance
the rice bran oil production and it gave a high yield of
about 80% in a short time of 3 hours when compared to
the conventional processes. It is also an ecofriendly
approach which does not produce any hazardous by-
products. The same enzymatic method involving
pectinase enzyme could also be used for other starch
rich substrates in oil industries. The use of pectinase
enzyme has the potential to increase productivity,
efficiency and quality of rice bran oil. It requires low
capital investment and relatively small amount of
energy consumption unlike other methods of oil
recovery. Despite these advantages, this enzymatic
method is still restricted to laboratory - scale studies.
So, it has to be completely explored in order to be
ventured to scale-up studies and thus, this enzymatic
method of rice bran oil extraction would be a bloom to
the industries in near future.

Conflict of interest
The authors declare that no conflict of interest exists.

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